

STOCK 114

Ice bath PRO

Detailed description:

- Dimensions: 1300 × 572 × 700 mm
- Insulated cover
- Tap for easy draining and filling
- Wooden access step
- Electronic thermostat
- Automatic UV and filter cleaning
- Wheels

Product characteristics:

- Water capacity: 385 l
- Voltage: 220-240 V
- Operating temperature: 0°C iki +12°C
- Energy consumption: 1.41 kwh/24h
- Energy consumption: 515 kwh/year
- Protection class: IPX4
- Electric power: 185 W
- Rated Current: (A) 1,8
- Water cooling time 20°C->3°C: 24h

**Electrical installation uses H03VV-F and H05RRF cables, with fire-resistant HDGS cables in the sauna area.
Protection is ensured by a current leakage relay A9Z05425 and K60N C automatic circuit breakers**

Price: 6 900 EUR + VAT

Why choose LOTI?

The ideal solution for homes, athletes, SPA centers, or wellness spaces

Minimal maintenance

Consistently low temperature without the need for extra ice

Clean, safe, and always ready-to-use water

High-quality materials and modern design

What are the benefits of ice baths?

Cold water reduces inflammation and accelerates recovery by stimulating blood and lymph flow. When entering icy water, blood vessels constrict, and when leaving – they expand again. This process helps effectively flush lymph and improves the circulation of body fluids.

Beyond physical recovery, ice baths also offer psychological benefits: the body experiences controlled stress, which increases resilience, strengthens willpower, and prepares the body to face everyday challenges.

In Lithuania, cold therapy is promoted by the well-known fighter Sergej Maslobojev, while worldwide it is used by some of the best and longest-lasting athletes – basketball player LeBron James and footballer Cristiano Ronaldo.

After trying the LOTI ice bath, S. Maslobojev gave it very positive feedback. The fighter emphasizes that regular ice bath practice helps not only to recover faster after intense training but also strengthens the immune system. He also highlights that wellness rituals, such as cold water therapy, are an integral part of maintaining long-term physical fitness. According to him, it's a way not only to recover faster after exertion but also to strengthen the body against everyday challenges, both in sports and in life.